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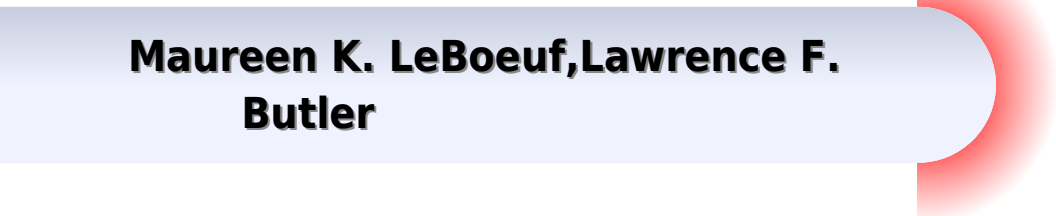
ACE Group Fitness Instructor Manual

A Guide for Fitness Professionals
Third Edition



Ace Group Manual 3rd

**Maureen K. LeBoeuf, Lawrence F.
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