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REVIEWS • 5

ADDICTIVE BEHAVIORS IN WOMEN

Edited by
Ronald R. Watson

Addictive Behaviors In Women

**Kathleen T. Brady, Sudie E. Back, Shelly
F. Greenfield**

Addictive Behaviors In Women:

Addictive Behaviors in Women Ronald Ross Watson,2013-11-11 In Addictive Behaviors in Women leading experts from psychiatry psychology sociology and social work concisely review the addictive process and the characteristic behaviors of women who are dependent on alcohol and or drugs Topics include why women smoke the role of personality in female addiction sexuality issues in chemically dependent women dieting and alcohol use in women alcohol s role in sexual assault and the impact of drug abuse on the family and pregnancy Addictive Behaviors in Women illuminates the causes and effects of the many lifestyle decisions women make that lead to addiction to drugs work sex gambling or to any of the many other elective aspects of our lives It shows how addictive decisions can be avoided and or treated thereby making women s lives safer more productive and healthier

Addictive Behaviors in Women Ronald Watson,2012-09-27 In Addictive Behaviors in Women leading experts from psychiatry psychology sociology and social work concisely review the addictive process and the characteristic behaviors of women who are dependent on alcohol and or drugs Topics include why women smoke the role of personality in female addiction sexuality issues in chemically dependent women dieting and alcohol use in women alcohol s role in sexual assault and the impact of drug abuse on the family and pregnancy Addictive Behaviors in Women illuminates the causes and effects of the many lifestyle decisions women make that lead to addiction to drugs work sex gambling or to any of the many other elective aspects of our lives It shows how addictive decisions can be avoided and or treated thereby making women s lives safer more productive and healthier

Addictive Behaviors in Women Nicholas Johnson,2016-07-20 In Addictive Behaviors in Women leading experts from psychiatry psychology sociology and social work concisely review the addictive process and the characteristic behaviors of women who are dependent on alcohol and or drugs Topics include why women smoke the role of personality in female addiction sexuality issues in chemically dependent women dieting and alcohol use in women alcohol s role in sexual assault and the impact of drug abuse on the family and pregnancy

Individual Differences in Addictive Behaviors Lucy J. Troup,Young-A Lee,2024-05-29 The study of addiction draws primarily on methods and approaches to understanding treating and supporting addiction drawn from traditional approaches The foundations of which focus on responses seen across groups but often neglecting to account for the role the individual differences plays in understanding and treating addiction It is clear from the literature that there is often a lack of consensus in both understanding and treating those struggling with addiction Individual differences therefore whilst not always conforming to the accepted model for developing theoretical interpretations and practice in the field are key to successful outcomes in treating addiction

The Routledge Handbook of Social Work and Addictive Behaviors Audrey L. Begun,Margaret M. Murray,2020-04-07 The Routledge Handbook of Social Work and Addictive Behaviors is a definitive resource about addictive behaviors emphasizing substance misuse gambling and problematic technology use Contents address their prevalence in various communities and populations globally theories related to their origins and etiology and

what is currently known about effective intervention strategies education and research Social work s biopsychosocial lifespan and person in environment perspectives underpin the book contents which are applicable to a wide range of professional and social science disciplines Contents are divided into five sections The scope and nature of addictive behavior and related problems Addictive behavior across the lifespan and specific populations Interventions to prevent and address addictive behavior and related problems Issues frequently co occurring with addictive behavior Moving forward This handbook provides students practitioners and scholars with a strong focus on cutting edge high quality research With contributions from a global interdisciplinary team of leading scholars this handbook is relevant to readers from social work public health psychology education sociology criminal justice medicine nursing human services and health professions *Rethinking Excessive Habits and Addictive Behaviors* Tony Bevacqua, 2015-07-02 Twelve step programs are the foundation of conventional thinking and treatment for people with addictive behaviors But are they truly the best Here Tony Bevacqua explains why these one size fits all approaches are not appropriate for everyone since each person is a unique human being This book takes a humanistic perspective that offers guidance for sufferers their families and friends practitioners and anyone interested in understanding the nature of addictive behaviors What do we know about addictive behavior and mental health Bevacqua maintains our common perceptions are loaded with outdated emotionally charged and deficit based vocabulary Words like addiction addict alcoholic denial recovery clean and others have become absorbed into our vocabulary but conjure up the worst case descriptions of undesirable behavior These labels are generalized to all behaviors and to all people regardless of the details of their specific circumstances By rethinking and changing the language new learning can take place and new approaches to treatment can emerge While biology may play a role in addiction the author argues that the disease model strips sufferers of their ability to see their issues as within their control to address Understanding the role of learning and behavior allows people to redefine addiction in terms of their own personal circumstances allowing that the brain is an organ of social adaptation and is constantly able to wire and rewire itself through enriched environments and new learning Bevacqua proposes a language that also supports an individual with kindness compassion and empathy and suggests ways in which this new perspective and approach can help individuals improve the quality of their thinking which will improve the quality of their behavior *The Handbook of Addiction Treatment for Women* Shulamith Lala Ashenberg Straussner, Stephanie Brown, 2001-01-18 Providing essential theoretical and practical guidelines for clinicians educators policymakers and public health professionals The Handbook of Addiction Treatment for Women is a comprehensive resource of the most current research and knowledge from recognized experts in the field of addiction and treatment This much needed guide offers an historical context on the issue of women and addiction examines the myriad challenges of the female addict and includes recommendations for choosing a course of treatment that will meet the specific needs of an individual woman addict **Women, Girls, and Addiction** Cynthia A. Briggs, Jennifer L. Pepperell, 2009-06-19 Women Girls and

Addiction is the first book on the efficacy of treatment approaches and interventions that are tailored to working with addicted women and the first publication of any kind to provide a feminist approach to understanding the experience of addiction from the female perspective Part I of the book provides an overview of feminist theory and addiction counseling followed by an historical look at women and addiction research treatment demographics The three chapters in part two give an in depth look at the biological psychological and social factors of the experience of addiction as unique in women The final section of the book presents a series of chapters spanning the lifespan which each feature age specific special issues treatment strategies interventions and commonly encountered topics in therapy with the population

Alcohol and Addictive Behavior P. Clayton Rivers, 1987-01-01 Alcohol and drug abuse are among the gravest and most widespread problems clinical psychologists must treat Though the problems seem perennial diagnosis and treatment have been steadily refined allowing professional psychologists to assess more variables and to offer more effective help This volume surveys the latest advances in research and therapy and reconsiders standard treatment practices The contributors to Alcohol and Addictive Behavior all of them established professionals focus on such key issues as the effect of addiction on the family the influence of genetics and the source of alcohol and drug craving Much of what they report is based on new and ongoing research that should have considerable influence in the future treatment of alcohol and substance abusers The contents include What Do Behavioral Scientists Know and What Can They Do about Alcoholism by Peter E Nathan Rutgers University The Four Alcoholisms A Developmental Account of the Etiological Process by Robert A Zucker Michigan State University Antecedents and Consequences of Drinking and Drinking Patterns in Women Patterns from a U S National Survey by Richard W Wilsnack University of North Dakota School of Medicine Alcoholism A Family Interaction Perspective by Theodore Jacob University of Pittsburgh Biological Markers for Alcoholism A Vulnerability Model Conceptualization by Shirley Y Hill University of Pittsburgh School of Medicine and The Motivation to Use Drugs A Psychobiological Analysis of Urges by Timothy B Baker University of Wisconsin Madison

Addictive Disorders in Arctic Climates Bernard Segal, 2014-02-04 Discover fresh perspectives on alcoholism treatment and research with this enlightening new book describing the work of researchers at the Novosibirsk Medical Institute USSR By using specific examples of their studies in Siberia the researchers offer an innovative approach to the treatment of addictive disorders in general Instead of focusing on the drinking behavior itself the treatment focuses on the relation of the problem to the interaction of economic social and psychological factors To address the question of whether alcoholics should all be treated in the same way or if alcoholism treatment should be more individualized in approach chapters are devoted to the differences between alcoholism in women adolescents and alcoholics who are afflicted with rapid development of alcoholism syndrome The research examples in Addictive Disorders in Arctic Climates benefits professionals involved in the treatment of alcoholism by introducing new perspectives and broadening contemporary research

Women and Addiction Kathleen T. Brady, Sudie E. Back, Shelly F. Greenfield, 2009-04-02 For many

years addiction research focused almost exclusively on men Yet scientific awareness of sex and gender differences in substance use disorders has grown tremendously in recent decades This volume brings together leading authorities to review the state of the science and identify key directions for research and clinical practice Concise focused chapters illuminate how biological and psychosocial factors influence the etiology and epidemiology of substance use disorders in women their clinical presentation course and psychiatric comorbidities treatment access and treatment effectiveness Prevalent substances of abuse are examined as are issues facing special populations

Promoting Self-Change From Addictive Behaviors Harald Klingemann, Linda Carter-Sobell, 2007-08-09 Many are addicted Few are treated Yet many who are not treated recover Promoting Self Change from Addictive Behaviors examines natural recovery as a clinical phenomenon a field of inquiry and a vital component of therapy It also brings clinicians and counselors to a new understanding of addiction and recovery One of the few books on the topic this updated edition offers alternatives to disease models of addiction by exploring personal pathways to recovery Focusing on alcohol and drug problems it provides a literature review of 40 years of studies on self change with particular emphasis on the current decade and methodological issues starting with how much or how little treatment constitutes treatment The 24 experts keep the coverage consistently readable and dozens of brief narratives from individuals who have successfully recovered from an addictive behavior without formal help lend valuable personal perspectives More of the book's key features Core factors in self change from cognitive processes to social issues Case examples of natural recovery from smoking binge eating problem gambling and criminal behavior Redefining the role of treatment in changing addictive behaviors Cross cultural community and prevention perspectives on promoting self change Self change toolbox chapter offering assessment tools recovery strategies web links and other online resources With Promoting Self Change from Addictive Behaviors health care professionals and researchers from psychologists and social workers to nurses sociologists and physicians can find more effective methods to fit client needs and develop new insights into the recovery process Public health workers and policymakers will also find informative strategies for tapping this rich therapeutic resource

Exploring Gender and Sex Differences in Behavioral Dyscontrol: from Drug Addiction to Impulse Control Disorders Liana Fattore, Miriam Melis, 2016-04-13 Males and females exhibit discrete attitudes and skills experience dissimilar emotional and psychological needs and react differently to peer pressure lack of self realization or other personal and social expectations In addition they are differently influenced by family history and diverge in the perception of self image and health risks To complicate the matter on gender dichotomy male testosterone levels markedly vary over the course of the day while female levels of sex hormones significantly fluctuate depending upon the menstrual cycle the pre or post menopausal age and the use of oral contraceptives All of these factors interact with genetic background and sex hormonal fluctuations and determine the differences observed in their predisposition to develop an addiction This term is traditionally associated to the abuse of legal and illegal substances However a compulsion toward the engagement in

a non drug related rewarding behavior usually involving a natural reward also activates the brain reward system and engenders persistent behavior thus resulting in a diminished control over it These latter behaviors are defined as behavioral addictions This definition encompasses any behavior characterized by the followings i feeling of tension or arousal before the action ii gratification and or relief at the time of performing the act iii inability to resist an urge or drive even against great obstacles or dangers iv absence of consideration for the negative consequences that may affect family friends and or work As such behavioral addictions include compulsive food intake and sexual activity pathological gambling and Internet addiction excessive exercising compulsive buying and pyromania These behaviors which are often classified as impulse control disorders result in actions that are harmful to oneself and or others share common features e g compulsiveness impulsivity impaired decision making craving tolerance withdrawal high rates of relapse and involve dysfunction of several brain circuits Derangement from functional neurobiological mechanisms underpinning both sensitivity to reward and inhibitory control can also lead to compulsive behaviors For instance pathological gambling and other impulse control disorders e g hypersexuality compulsive painting eating and buying are often reported in Parkinson s disease patients Gender dependent differences in the rate of initiation and frequency of misuse of addicting drugs have been widely described Yet men and women also differ in their propensity to become addicted to other rewarding stimuli e g sex food or activities e g gambling exercising The goal of the present Research Topic is to explore and summarize current evidence for gender and sex differences not only in drug addiction but also in other forms of addictive behaviors Thus it will include studies showing gender dependent differences in drug addiction food addiction compulsive sexual activity pathological gambling Internet addiction and physical exercise addiction Psychiatric comorbidity potential risk factors and the underlying neural mechanisms will be also examined with particular emphasis to the role of sex hormones in modulating addictive and compulsive behaviors

Assessment of Addictive Behaviors, Second Edition Dennis M. Donovan,G. Alan Marlatt,2013-10-15 This comprehensive clinical resource and text is grounded in cutting edge knowledge about the biopsychosocial processes involved in addictive behaviors Presented are research based eminently practical strategies for assessing the treatment needs and ongoing clinical outcomes of individuals who have problems with substance use and nonchemical addictions From leading contributors the book shows how to weave assessment through the entire process of care from the initial screening to intervention relapse prevention and posttreatment monitoring *Behavioral addictions: Emerging science* Andreas Chatzittofis,Hyouon S. Kim,2023-02-09

Women's Behavioral Health Ardis Hanson,Bruce Lubotsky Levin,2024-06-25 This book examines women s behavioral health defined as alcohol drug use and mental health problems from a population or public health perspective It provides the current state of knowledge for women s behavioral health and examines the need for behavioral health services and implications for policy It also reviews major issues in the organization financing and provision of women s behavioral health services Global and national studies show that women are nearly twice as likely as men to have selected mental disorders

There also has been increasing attention to the social behavioral institutional and economic determinants of health that result in service inequities for women in the United States compared to women in other countries This textbook highlights mental and substance use disorders of particular concern to women emphasizes services research issues in women s behavioral health incorporates the social determinants of health and provides a discussion of these critical issues from an interprofessional and interdisciplinary public health perspective It also presents an overview of the epidemiology of mental and substance use disorders across the lifespan of women and service delivery issues from a population and system level perspective Applied services research chapters comprise the book s 14 chapter contributions that are organized into three parts Part I Framing Women s Behavioral Health Part II Selected At Risk Populations and Part III Services Delivery issues Women s Behavioral Health A Public Health Perspective is a textbook for advanced undergraduate and graduate students in many academic disciplines including the social and behavioral sciences public health women s studies medical anthropology and medical sociology It also is useful for postdoctoral students in public health population health and the health professions This volume can serve as a reference book for academicians and researchers in community and social psychology community health community nursing community and preventive medicine and public health practitioners and policymakers at various levels of government and behavioral health professionals at mental health and substance use programs in various national and global healthcare organizations

Women's Mental Health Joel Rennó Jr., Gislene Valadares, Amaury Cantilino, Jeronimo Mendes-Ribeiro, Renan Rocha, Antonio Geraldo da Silva, 2020-02-14 There is an increasing focus on medical studies related to differences between men and women and women s mental health stands out as one of the most important fields where sex based differences are being investigated Overall studies show an existence of important sex specific differences in several aspects of psychiatric disorders such as etiology epidemiology clinical presentation and therapeutics In this book recognized experts present the current state of knowledge on this topic providing a reliable accurate and comprehensive clinical guide to women s mental health The book will steer clear of an in depth discussion of genetics and sex based differences to focus quickly and narrowly on how best to diagnose and treat psychiatric disorders in women thereby offering a targeted and practical guide for clinicians It is intended to serve a broad audience including psychiatrists psychologists family physicians obstetricians gynecologists nurses social workers and other medical and mental health providers with an interest in women s mental health Women s Mental Health A Clinical and Evidence Based Guide will be fully evidence based and will present chapters authored by distinguished leaders with extensive experience and clinical wisdom in this area It offers psychiatrists psychologists family physicians obstetricians gynecologists nurses social workers and other medical and mental health providers a valuable source of information to enhance their clinical practice

Behavioral Addiction An-Pyng Sun, Larry Ashley, Lesley Dickson, 2013-02-12 Written in scientific prose that can also be understood by the layperson this comprehensive volume is a must read for those working in the addiction field and anyone

interested in learning more about this devastating disease An Pyng Sun PhD is a professor at the University of Nevada Las Vegas School of Social Work Larry Ashley EdS LCADC is the addictions specialist and undergraduate coordinator at the University of Nevada Las Vegas Lesley Dickson MD is ABPN board certified in general psychiatry addiction psychiatry and psychosomatic illness

Women's Group Treatment for Substance Use Disorder Elizabeth E. Epstein, Barbara S. McCrady, 2023 Women with Alcohol Use Disorder AUD and other Substance Use Disorders SUDs have different etiology mortality relapse antecedents clinical presentation and course of the disorders than men with AUD SUD see Epstein Epstein et al 2018 For instance relative to men women report higher comorbidity of mood anxiety posttraumatic stress eating and personality disorders Rosenthal 2013 and women are likely to drink alone in secrecy daily in response to relationship difficulties Zweig McCrady mechanisms of change generally relevant to women likely include alleviation of negative affect enhanced coping skills and self care improved interpersonal functioning Velasquez Timko Finney Lewis et al 2016 however female segregated treatments have been found to be efficacious only if they include female specific programming Epstein Holzhauer Cucciare Epstein 2020

Behavioral Addictions Lila Santoro, AI, 2025-03-12 Behavioral Addictions explores the hidden side of everyday behaviors like shopping internet use and work revealing how they can transform into destructive compulsions Unlike substance addictions these behavioral patterns often lack obvious physical signs making them especially challenging to recognize and address The book emphasizes the shared psychological and neurological roots between behavioral and substance addictions highlighting similar patterns of reward seeking and loss of control It examines how societal pressures such as consumerism and digital connectivity contribute to these compulsions providing a comprehensive understanding of these increasingly prevalent issues The book progresses systematically first defining core concepts like impulse control disorders and the addiction cycle It then delves into specific behaviors such as shopping addiction internet addiction and workaholism examining their triggers consequences and strategies for change By integrating clinical studies neuroimaging research and personal accounts Behavioral Addictions offers a unique and integrated perspective It culminates in an integrated model for addressing these issues equipping readers with practical strategies and resources for self assessment and positive change

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