



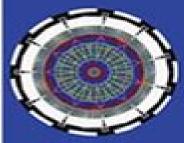
Contemporary Psychiatric-Mental Health Nursing



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Contemporary Psychiatric Mental Health Nursing

Liying Dong

Contemporary Psychiatric Mental Health Nursing:

Contemporary Psychiatric-mental Health Nursing Carol A. Glod, 1998 This unique text presents the most current biological and behavioral theories of mental illness The emphasis is on the practical application of information to help students understand the experience of what it means to have a particular disorder and how it feels to be on psychotropic medication Also a variety of therapies are covered and treatment in the community is stressed Psychiatric-mental Health Nursing Carol Ren Kneisl, Holly Skodol Wilson, Eileen Trigoboff, 2004 Millions of people worldwide suffer from mental health disorders In fact five of the leading causes of disability in the world today are psychiatric in nature Psychiatric mental health nursing is a specialized area that employs a wide range of explanatory theories and research on human behavior as its science and the purposeful use of self as its art Understanding people who are searching for meaning through interaction in complex times demands the most authoritative and contemporary knowledge and clinical competence It is through the power of knowledge and clinical competence that psychiatric mental health nurses can help clients from diverse cultures to live with uncertainty unfamiliarity and unpredictability and to pursue creative healing on psychobiologic and spiritual levels Our goal for this textbook Contemporary Psychiatric Mental Health Nursing and its companion supplements is to provide students and practicing psychiatric mental health nurses with the most up to date evidence based culturally competent authoritative comprehensive resource available and to present it in an accessible clinically relevant and professional format UNDERLYING THEMES Throughout this textbook we as authors try to remain true to values of humanism interactionism cultural competence the relevance of meaning and the importance of empathy and empowerment in the nurse client relationship We believe that psychiatric mental health nursing is concerned with the quality of human life and its relationship to optimal psychobiologic health feelings of self worth personal integrity self fulfillment spirituality and creative expression. The psychiatric mental health nurse s scope of practice is broad enough to include issues such as alienation identity crises sudden life changes and troubled family relationships It may involve issues of poverty and affluence cross cultural disparities in access to health care and the human experiences of birth death and loss Psychiatric mental health nursing is concerned with sustaining and enhancing the mental health of both the individual and the group while its practice locale is often found in the community In exploring the theme of global mental health each unit of this book opens with compelling photographs and stories of individuals from around the world who face a variety of mental health issues By presenting the readers with this global perspective we hope to promote awareness of the relevance of those same global issues in our own culturally diverse society Along these lines we selected a Mandela to represent the essence of this book Mandelais the Sanskrit word for circle and symbolizes wholeness or organization around a unifying center The goal of this book is to explore science art and spirituality as a path toward our shared vision of global mental health It is synthesis of elements important to a holistic view The Mandela used throughout this book and on its cover is entitled The Great Mother

created by Cynthia Cunningham Baxter It consists of hands and a mother tree which is consistent with nursing s goals of care compassion and comfort CONTEMPORARY TRENDS The themes ideas knowledge tools and organization of this textbook were expressly designed for psychiatric mental health nursing students and clinicians who are committed to developing the habits of mind responsibility and practice that will make a difference in view of contemporary trends Specifically this text prepares students to tailor and humanize interventions for traditional as well as new psychiatricmental health clients often encountered in forensic settings homeless shelters and in other community based and rehabilitation oriented settings Furthermore because advances in neuroscience and the study of the human genome are redefining our conception of the basis for mental disorders a solid grounding in psychobiology is threaded throughout the book Brain imaging assessment and concise yet comprehensive information on the expanding array of psychopharmacologic treatment is yet another strong emphasis We recognize that psychiatric mental health clients are racially and culturally diverse and include growing numbers of mentally ill elders children adolescents and people with coexisting substance use disorders or comorbidities with other chronic illnesses such as HIV AIDS Therefore we devote separate chapters to each of the above topics We feel confident in entitling this bookContemporary Psychiatric Mental Health Nursingbecause of its explicit links to contemporary trends in our field ORGANIZATION The detailed table of contents at the beginning of the book makes its clear organization easy to follow The book is divided into five parts Unit I clusters six chapters that provide comprehensive coverage of the theoretic basis for psychiatric mental health nursing In Unit II we address topics traditionally associated with psychiatric mental health nursing such as using the nursing process therapeutic communication assessment advocacy and client rights and creating a therapeutic environment Unit III focuses on caring for clients with specific DSMIV TR mental disorders First we outline the defining characteristics of each disorder then we cover the biopsychosocial theories necessary to understand them and finally we apply the nursing process to caring for clients with these disorders Unit IV shifts the focus to vulnerable populations that require comfort and care from psychiatric mental health nurses These populations include people at risk for self destructive behavior abuse or violence psychiatric mental health clients with HIV AIDS and specific age groups Unit V of the book provides authoritative coverage of nursing intervention strategies and desired outcomes including a wide range of modalities from individual group and family interventions to psychopharmacology and complementary and alternative healing practices Throughout the book experts contributed their knowledge and skills on all the topics covered FEATURES The following noteworthy features weave together the threads of research theory and practice into a comprehensive and contemporary fabric of knowledge and competencies essential to psychiatric mental health nursing The content and processes are clearly applicable to the care of identified psychiatric mental health clients yet they are also relevant when integrated into the care of all those with whom we interact as professional nurses Using Research Evidence In addition to a full chapter devoted to evidence based psychiatric mental health nursing practice Chapter 3 each chapter includes a clinical

vignette illustrating how research evidence shapes the plan of care for a particular client Case Based Critical Thinking Challenges Because critical thinking skills are essential to evidence based practice a Critical Thinking Challenge begins each chapter challenging readers to analyze a case scenario that is related to the chapter topic The discussion points for the critical thinking challenge appear in the Instructor's Resource Manual accompanying this text Caring for the Spirit These boxes reinforce the belief in the interconnection of mind body and spirit They appear throughout the book and are designed to promote the understanding of the client's essence meaning and purpose in life as well as the nurse's role in supporting spirituality Culture and Family Awarenessicons throughout the book call the reader's attention to content that bears on the importance of developing cultural competence and the value of including the family as partners in psychiatric mental health care Medicationicons throughout identify sections of the text that discuss psychopharmacology Case Studies and Nursing Care Plansare found in each of the clinical chapters These plans use NANDA NOC and NIC nomenclature and illustrate linkages among them when caring for clients diagnosed with specific mental disorders according to the DSM IV TR Assessment Guidelines Intervention Guidelines Client Family Teachingboxes all present clinically relevant strategies in a succinct user friendly format Assessment Guidelines contain lists of assessment points Intervention Guidelines list specific nursing intervention strategies along with their rationales Client Family Teaching boxes provide specific client oriented information that contains sample language a nurse can use when working with clients Nursing Self Awareness Appearing throughout the book these boxes engage the reader in a process of introspection and self questioning that is essential to the therapeutic use of self Rx Communication Each of the clinical chapters focuses on clients within a particular psychiatric diagnostic category and includes a specially designed box to offer sample dialogues of what a nurse can say in response to clients In addition we provide the rationale for at least two different but helpful alternatives This feature is designed to provide students with a beginning repertoire of communication interventions useful when interacting with psychiatricmental health clients Case Management Community Based Care and Home Care Each of the psychiatric disorders chapters and vulnerable populations chapters includes specific information that reflects the fact that the setting for much of psychiatric nursing practice today is found in the community rather than in the hospital MediaLink and EXPLORE MediaLink At the beginning of each chapter a MediaLink box lists specific content animations and videos NCLEX review questions tools and other interactive exercises that appear on the accompanying Student CD ROM and the Companion Website Special MediaLink tabs appear in the margins throughout the chapter that refer the student to the topics and activities on the media supplements Finally at the end of each chapter EXPLORE MediaLink sections encourage students to use the CD ROM and the Companion Website to apply what they have learned from the text in case studies and care plans to practice NCLEX questions and to use additional resources The purpose of the MediaLink feature is to further enhance the student experience build upon knowledge gained from the textbook prepare students for the NCLEX and foster critical thinking Focus

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CONTEMPORARY PSYCHIATRIC MENTAL HEALTH NURSING 3 e is the most up to date evidence based culturally competent authoritative and comprehensive resource for psychiatric mental health nursing The authors emphasize the importance of empathy and client empowerment while providing the knowledge and clinical competence that psychiatric mental health nurses can use to help diverse clients heal on both psychobiologic and spiritual levels. They prepare students to tailor and humanize interventions for traditional as well as new psychiatric mental health clients encountered in forensic settings homeless shelters and in other community and rehab settings Since advances in neuroscience and genetics are redefining the scientific understanding of mental disorders the authors offer a solid grounding in psychobiology including brain imaging assessment and new psychopharmacologic treatment options This edition adds a full chapter on Recovery and Psychiatric Rehabilitation Strategies and many new boxed features showing how psychiatric disorders are portrayed in the news and movies 0133581608 9780133581607 Contemporary Psychiatric Mental Health Nursing with DSM 5 Transition Guide Package consists of 0132557770 9780132557771 Contemporary Psychiatric Mental Health Nursing 013359730X 9780133597301 DSM 5 Transition Guide for Contemporary Psychiatric Mental Health Nursing Psychiatric-Mental Health Nursing Carol Ren Kneisl, Eileen Trigoboff, 2013-11-01 CONTEMPORARY PSYCHIATRIC MENTAL HEALTH NURSING 3 e is the most up to date evidence based culturally competent authoritative and comprehensive resource for psychiatric mental health nursing The authors emphasize the importance of empathy and client empowerment while providing the knowledge and clinical competence that psychiatric mental health nurses can use to help diverse clients heal on both psychobiologic and spiritual levels They prepare students to tailor and humanize interventions for traditional as well as new psychiatric mental health clients encountered in forensic settings homeless shelters and in other community and rehab settings Since advances in neuroscience and genetics are redefining the scientific understanding of mental disorders the authors offer a solid grounding in psychobiology including brain imaging assessment and new psychopharmacologic treatment options This edition adds a full chapter on Recovery and Psychiatric Rehabilitation Strategies and many new boxed features showing how psychiatric disorders are portrayed in the news and movies Contemporary Psychiatric-Mental Health Nursing Carol Kneisl, Eileen Trigoboff, 2013-10-03 CONTEMPORARY PSYCHIATRIC MENTAL HEALTH NURSING 3 e is the most up to date evidence based culturally competent authoritative and comprehensive resource for psychiatric mental health nursing The authors emphasize the importance of empathy and client empowerment while providing the knowledge and clinical competence that psychiatric mental health nurses can use to help diverse clients heal on both psychobiologic and spiritual levels They prepare students to tailor and humanize interventions for traditional as well as new psychiatric mental health clients encountered in forensic settings homeless shelters and in other community and rehab settings Since advances in neuroscience and genetics are redefining the scientific understanding of mental disorders the authors offer a solid grounding in psychobiology including brain imaging assessment and new psychopharmacologic treatment options This

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community is stressed **Contemporary Psychiatric-Mental Health Nursing: Partnerships in Care** Lorna Moxham, Michael Hazelton, Mike Hazelton, Carol Ren Kneisl, Eimear Muir-Cochrane, Eileen Trigoboff, Tim Heffernan, 2017-09-11 Developed for Australian nursing students Contemporary Psychiatric Mental Health Nursing is a lived experience contemporary evidence based culturally competent authoritative and comprehensive resource It offers a fully integrated perspective which most importantly includes the voice of people with mental illness With a consumer voice was prominent in each chapter this text is designed to enhance students ability to become a therapeutic nonjudgmental competent and confident psychiatric mental health nurse It is mapped to the NMBA Registered Nurse Standards for Practice

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