

"Coping with Chronic Heartburn is a wonderfully practical book that will help many readers." —Daniel G. Amen, M.D., author of *Change Your Brain, Change Your Life*

Coping with Chronic Heartburn

WHAT YOU NEED TO KNOW ABOUT
ACID REFLUX AND GERD

ELAINE FANTLE SHIMBERG

Coping With Heartburn And Reflux

Liyong Dong



Coping With Heartburn And Reflux:

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