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СОВРЕМЕННЫЕ ВОПРОСЫ И ПЕРСПЕКТИВЫ ИЗУЧЕНИЯ ШИЗОФРЕНИИ С ВЕДУЩЕЙ НЕГАТИВНОЙ СИМПТОМАТИКОЙ

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РЕЗЮМЕ

Представлены основные современные направления изучения шизофрении с ведущей негативной симптоматикой в клинической картине. Преимущественно рассмотрены работы, являющиеся результатами оригинальных исследований, а также проблемные публикации по вопросам клинической динамики, изучения конституциональных закономерностей, адаптации и терапии шизофрении с преобладающей негативной симптоматикой. Показан междисциплинарный характер обсуждаемой проблемы, лежащей в плоскости биопсихосоциального подхода. Продемонстрирован приоритет уточнения феноменологии клинических паттернов и динамики шизофрении с преобладанием негативной симптоматики в связи с предстоящим переходом на новый пересмотр Международной классификации болезней, а также необходимость углубленных исследований влияния конституциональных факторов на клиническую динамику и прогноз заболевания в аспекте адаптации больных и проводимой терапии.

КЛЮЧЕВЫЕ СЛОВА: шизофрения, негативная шизофрения, классификация, клиническая динамика, конституция, адаптация, терапия, лечение, прогноз.

Введение

Изучение шизофрении в настоящее время остается одной из наиболее актуальных проблем клинической психиатрии [29]. Это обусловлено рядом не решенных до сих пор вопросов, касающихся ее типологии [28], клиники [75], терапии [1]. Все более часто шизофрения рассматривается с позиции биопсихосоциального подхода [43], который в последние годы занял ведущее место во многих исследованиях в психиатрии [4, 59].

Являясь хроническим прогрессирующим заболеванием, шизофрения часто приводит к нетрудоспособности [20], что определяет высокие затраты общества не только на ее непосредственное лечение [25], но и на социальную защиту, поддержку и реабилитацию больных [50]. Несмотря на появление новых поколений антипсихотических препаратов, число выдворенных и длительных ремиссий практически не увеличивается [8], а комплекс проблем, связанный с неже-

лательными явлениями вследствие лекарственного лечения, не уменьшается [51].

Одним из ключевых аспектов прогноза шизофрении является возможность влияния реабилитации на изменения в личностной сфере, затрагивающие эмоциональные [37], волевые [57] и ассоциативные процессы [2], а также социальное функционирование [54]. Будучи основой негативного синдрома [70], эти изменения являются наиболее трудно курируемыми и ложатся тяжелым бременем на самого больного [62], его семью [23], здравоохранение [47] и социальные службы [76]. Шизофрения с преобладанием негативной симптоматики в клинической картине в настоящее время выступает объектом большого количества исследований [61], в частности, широко представлены в современной специальной литературе публикации, посвященные изучению молекулярно-генетических закономерностей [34], психонейроиммунологии [38], нейровизуализации [3], проблем нейрокогнитивного дефицита [26], фармакологического [64] и нелекарственного [27] лечения, а также реабилитации [19]. Вместе с тем значительно сократилось число работ, посвященных клинической динамике негативной сим-

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