# GINA 2019 – landmark changes in asthma management

- For safety, GINA no longer recommends SABA-only treatment for Step 1
  - This decision was based on evidence that SABA-only treatment increases the risk of severe exacerbations, and that adding any ICS significantly reduces the risk
- GINA now recommends that all adults and adolescents with asthma should receive ICS-containing controller treatment, to reduce the risk of serious exacerbations.
  - The ICS can be delivered by regular daily treatment or, in mild asthma, by as-needed low dose ICS-formoterol
- This is a population-level risk reduction strategy
  - Other examples: statins, anti-hypertensives
  - Individual patients may not necessarily experience (or be aware of) shortterm clinical benefit
  - The aim is to reduce the probability of serious adverse outcomes at a population level

### **Bronchial Asthma Gina Guidelines 24**

**David R Stukus** 

**Bronchial Asthma Gina Guidelines 24:** 

Whispering the Secrets of Language: An Emotional Journey through Bronchial Asthma Gina Guidelines 24

In a digitally-driven world where displays reign supreme and instant interaction drowns out the subtleties of language, the profound secrets and emotional subtleties hidden within words often move unheard. Yet, located within the pages of **Bronchial Asthma Gina Guidelines 24** a interesting literary treasure pulsing with fresh feelings, lies an extraordinary journey waiting to be undertaken. Composed by a skilled wordsmith, that enchanting opus attracts visitors on an introspective journey, delicately unraveling the veiled truths and profound influence resonating within ab muscles fabric of each word. Within the psychological depths with this touching evaluation, we will embark upon a genuine exploration of the book is primary themes, dissect their charming publishing design, and fail to the effective resonance it evokes strong within the recesses of readers hearts.

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