

CONTROLLING

235

# STAGEFRIGHT

PRESENTING YOURSELF  
TO AUDIENCES FROM ONE  
TO ONE THOUSAND

PETER DESBERG, PH.D.  
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# Controlling Stagefright Presenting Yourself To Audiences From One To One Thousand

**Edward J. O'Keefe, Donna S. Berger**



## **Controlling Stagefright Presenting Yourself To Audiences From One To One Thousand:**

Controlling Stagefright Peter Desberg, George D. Marsh, 1988 Out of print Second edition was published as No More Butterflies NOMO *Practical Psychology for Pastors, 2nd Edition* William R. Miller, Kathleen A. Jackson, 2010-05-01 This practical handbook takes a totally fresh approach to the work of pastoral counselors by drawing on recent research and developments in the health and behavioral sciences Thoroughly revised and updated this edition incorporates new or expanded coverage of topics such as a new chapter on Pastoral Self Care which offers advice on maintaining psychological health avoiding crisis and preventing personal and occupational burnout the integration of counseling with other pastoral roles and functions pastoral counseling ethics how to help people build personal motivation for change grief counseling and crisis intervention post traumatic stress physical and sexual abuse and personality disorders **The Encyclopedia of Work-related Illnesses, Injuries, and Health Issues** Ada P. Kahn, 2004 Presents articles on health in the workplace including injuries physical and mental illnesses worker s compensation and social issues *Conquer Your Speech Anxiety* Karen Kangas Dwyer, 2005 Drawing from the latest research this innovative resource helps you understand your fear of public speaking and develop a plan to overcome it The CD ROM includes both audio relaxation exercises and techniques for overcoming your anxiety **Journal of Behavior Therapy and Experimental Psychiatry** ,1990 **Pitch Like Hollywood: What You Can Learn from the High-Stakes Film Industry** Peter Desberg, Jeffrey Davis, 2022-02-15 Inside tips on how to craft pitches that seal the deal no matter what industry you work in and banish presentation anxiety forever From impromptu elevator pitches to full board presentations sales and marketing professionals face an audience daily often with make or break consequences As the person delivering the performance you need to know you have a great script and are able to maintain composure throughout To help you perfect both pitch and performance there are no better coaches than clinical psychologist Peter Desberg and writer producer Jeffrey Davis With experience and insights from both the film industry and the corporate world they understand the pitch process In Pitch Like Hollywood they show you how to up your game substantially no matter what business you re in by incorporating elements of a classic Hollywood pitch driving emotion piquing curiosity and ultimately winning over decision makers with powerful persuasion and performance They take you on an insider s tour of the entire process from defining the fundamentals to designing effective presentation strategies to overcoming stage fright With chapters that include Persuasion Boot Camp The Pitch Panic Cycle and Creating the Pitch II The Sequel Pitch Like Hollywood provides a front row seat in a master class on giving great performances for any audience every time at board meetings sales calls and whenever else you want to make a case to get the results you want

**Self-management for College Students** Edward J. O'Keefe, Donna S. Berger, 1999 **The Publishers Weekly** ,1988 Paperbound Books in Print ,1992 **Belonging** William R. Brassell, 1994 Practical self help strategies for developing social skills assertiveness self confidence **The American Music Teacher** ,1997 *Morrendo de Vergonha* Cheryl N.

Carmin, Teresa Flynn, Barbara G. Markway, C. Alec Pollard, 1999 Pessoas que sofrem de fobia ou ansiedade em situa es sociais n o conseguem comer diante de outras pessoas n o utilizam banheiro p blico fracassam em tentar expressar opini es apavoram se diante de testes ou exames etc Neste livro um grupo de psic logos estuda o problema e apresenta um programa para venc lo Analisando situa es espec ficas oferecem meios de auto avalia o e recursos para dominar as fobias sociais

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